

Kidculture Family EXPO 2011

20,21/10 3-6.30pm 22/10 10-6.30pm
'The Caves' Acropolis Park, Lefkosia
FREE Entry

The 2nd Expo organised by AccessArts, publishers of Cyprus' popular family lifestyle magazine '**KidCulture**'.

The festival is a 'one-stop shop' of information on quality products, education and services for families and anyone working with parents or children. It assists new families in making healthy, contemporary and sustainable lifestyle choices, in caring for themselves and their home, and for investing in their children's future.

This year's show takes place **20-22 October** at **Acropolis Park**, Acropolis - **Lefkosia**, and, following the successful turnout in 2010, is expected to pull in large numbers of participants and visitors from across the island with exhibitors presenting a wide range of family related info, products and services, covering - pregnancy, baby and kids clothes and accessories, toys, lifestyle, home ware, family health care and hygiene products, education and schools, kid's activities and entertainment.

KidCulture's child focus & eco friendly philosophy will be reflected in the expo which aims to promote healthy living and encourage environmentally conscious participation in exhibitors and visitors alike - in a fun, festival atmosphere.

While the expo is targeted at **expectant** and **new parents**, it also attracts couples planning to have children, families with **kids of all ages**, as well as **educators, health professionals**, child related organisations and businesses researching and providing quality, innovative products and services in Cyprus.

There will be daily **entertainment, activities** and **demonstrations**, taking place both indoors and outdoors, throughout the 3 day exhibition, with sessions catering for different age ranges, and also some workshops for parents. Meanwhile play & activity areas will keep the kids amused, and parents and their babies can refuel in a dedicated chill out-breast/bottle feeding corner.

*For more information, to participate please click here for the-
Exhibitor Pack and e-mail us: mail@kidculture.com.cy*

www.kidculture.com.cy

3Cows Cafe - Ice Cream

Fresh home made ice cream made with natural ingredients, seasonal fruits and "one-of-a-kind" flavours!

Alkionides is as a Charity helping underprivileged families and children in crisis.

They take their name from mythology, where the gods allow a little sunshine on the coldest days of winter so the kingfisher can lay its eggs. Their aim to provide a little warmth during the coldest days, whether it is an airline ticket for a parent to accompany a sick child overseas for treatment, a scholarship, a food voucher, or a few months rent to get back on their feet.

Baby Maestro

Early childhood music education programme for 0-5yrs

BabyMatters

Infant Massage + Reflexology instruction to parents/caregivers. Offering sample sessions to expectant parents and parents with babies(new born to 12 months).

Bomba Design

Presenting their eco friendly Organic cotton baby + kids' clothing, toys, all screenprinted using environmentally safe non-toxic inks.

Building Heathier + Stronger Families - Evel Neocleus

School Psychologist offers advice and information on their professional services.

EnergyIntel

KidCulture Expo's main sponsor presents some of their latest Eco family products which include home furniture, Envirosax accessories, and ethical toys.

HFC 'Hope For Children'

The Children's rights NGO will disseminate information on their work.

The organisation aims to reform failing child welfare systems on behalf of children who depend on them for protection and care. It brings together legal, health, education, media professionals to contribute their specialised expertise, in a practical manner, in promoting and protecting the interests of the most vulnerable - our children and youth.

Kindermusik by Sotia

Early childhood music education programme for 2-5yrs

Kourdista Mandarinia

The non-profit youth group offers theatre workshops, story telling, and facepainting, and presents their organisation's activities promoting free creative expression, through social and environmental issues and bringing people together to collaborate in a creative environment.

La Excelencia

Offering free Pregnancy Pilates sessions, and also Salsa and Hip Hop for Kids 6-15 years.

Let'sMusic

The recently opened school presents its various activities, featuring demonstrations of **Monkeynastix** - a movement education programme, combining gymnastics with music in an environment where children learn to exercise through fun and play.

Little Gems Montessori School

The Early Years Education school in Lefkosia.

Maria Zacharatou

Our qualified and experienced veteran Breastfeeding Councillor offers valuable advice and presentations to expectant and new parents.

Maternity Wardrobe

Presenting beautiful contemporary maternity dresses to own or borrow for all occasions, exclusive accessories and organic skincare products.

Neraina

Presenting HEEL "alternative clothes for mummies and their little fairies..."

Nicosia's 50 Best Places to Take Children

Maria Savva, educator and mum of three, presents her newly published handbook on the best venues and activities for kids in Lefkosia!

Rita McFarlane

Children's writer reads the story featured in KidCulture Magazine.

Viola Carnelos Photography

Professional pregnancy and children's photography.



ACTIVITIES

Baby Maestro music class

Christina Charalambidou presents a taster session of the early childhood music education programme for 0-5yr olds.

BabyMatters infant massage

Gregoria Kanaris, certified instructor and **BabyMassage** director, offers taster sessions to expectant and new parents. She will demonstrate strokes for legs & feet, tummy, chest, arms, face, back, and finally some yoga exercises. If time permits she will also discuss issues and address any questions, from baby crying and coping with parental stress, to adapting the massage for the child as they develop. Parents will practise on their own babies, while baby dolls will be available for use by expectant parents also interested in joining.

Kindermusik class by Sotia

Time for parents to bond with their child as they play, sing, dance, and laugh together. A music education programme that stimulates brain growth, builds motor skills and enhances social-emotional development. Led by trained, licensed Kindermusik educator Sotia.

Kourdista Mandarinia

Story-telling with Efthymia Priki:

Using puppets, body language and our voices we will narrate two stories to the children. A traditional Cypriot tale “Σπανάκι τζι οι σπαρνάκια ὄρατζοι” and “The little red house with no doors and no windows and a star inside.” (in Greek / English)

'Story Factory' workshop:

With our guidance, the children will “manufacture” their own story which they will present at the end of the workshop. Using music as an inspiration and art as a means of expression, each child will produce a scene from a tale. These scenes will come together to form short stories, which each group will be called to perform them through a series of theatrical games.

Workshop leaders: Efthymia Priki, Anna Priki and Iphigenia Papaioannou

Theatre Workshop

For teenagers, led by Marios Theocharous - freelance director with an MFA in Directing from Columbia University, also primary teacher, drama workshop leader at ETHAL and freelance director.

La Excelencia

Pregnancy Pilates, Salsa, Hip Hop

Let'sMusic

Monkeynastix

A unique, fun and creative approach to movement education combining creativity, music and story telling with basic training in flexibility, balance, strength, agility, co-ordination and body awareness.

Let'sMusic enriches, supports and celebrates childhood, and takes its cue from children, sensitive to their circumstances in a fast changing and more demanding world.

Kids' Tennis, Mini Tennis

Little Gems Montessori School

Collage, Biscuit Decorating, Bubble Painting

Maria Zacharatou

Breastfeeding presentation

Our qualified and experienced veteran Breastfeeding Councillor offers a brief presentation and demonstration to expectant and new parents.

Storytime:

'Furry Friends'

Story by Maia Woodward as featured in KidCulture Magazine issues 3,4,5. (in English)

'Beany'

Children's writer Rita McFarlane reads her story featured in KidCulture Magazine. (in English)

TIMETABLE

Presentation Area

Thursday 20/10

15:00 Theatre workshop (12-17 yrs)

16:00 Monkeynastix (1-8 yrs)

17:00 Monkeynastix (1-8 yrs)

Friday 21/10

15:00 Breastfeeding Presentation

16:00 Monkeynastix (1-8 yrs)

17:00 Monkeynastix (1-8 yrs)

Saturday 22/10

10:30 Workshop 'Story Factory' (7-11 yrs)

11:30 Monkeynastix (1-8 yrs)

14:00 Baby Maestro (0-5 yrs)

15:00 Monkeynastix (1-8 yrs)

17:00 Kindermusik ABC (2-4 yrs)

'Imagine' Creative Corner

Thursday 20/10

15:30 Storytime: 'The Furry Friends' (3-9 yrs)

16:30 Collage (2-9 yrs)

Friday 21/10

15:30 Storytime: 'Σπανός τζι οι Σαράντα Δράτσοι'
& 'The Little Red House...' (3-6 yrs)

Saturday 22/10

10:30 Biscuit Decorating (2-9 yrs)

14:00 Bubble Painting (2-9 yrs)

16:00 Storytime: 'Beany' (2-9 yrs)

Parent & Baby Cave

Infant Massage (0 -12 months)

Thurs 16:00 Fri 16:00 Sat 11:00, 14:00, 17:00

Breastfeeding advice Fri 16:00 - 18:00

In the Park

Thursday 20/10

16:00 Pregnancy Pilates (15-32 wks)

17:00 Salsa Kids (10-15 yrs)

Friday 21/10

15:00 Kids' Tennis (6 yrs+)

16:00 Pregnancy Pilates / Mini Tennis (3-6 yrs)

17:00 Salsa Kids (6-10 yrs)

Saturday 22/10

15:00 Hip Hop Kids (6-10 yrs)

16:00 Hip Hop Kids (10-15 yrs)

16:00 Mini Tennis (3-6 yrs)

17:00 Kids' Tennis (6 yrs+)

